

West Sussex Programme Support

Announcing The Great Indoors Badge



The Great Indoors Badge is not just about learning new skills, this is about bringing out what is already inside you! The different stages allow you to share what you've learnt and find a way to support your community.

Scouts has been going since 1907 because we've learnt to adapt to all that happens around us. This is our first ever opportunity to share the Scouts experience wider than we ever have, as we invite all our Scouts and our non-Scout friends, to join in activities from The Great Indoors and earn The Great Indoors Badge.

Why are we doing this badge?

We're committed to our vision, by 2023 we'll have prepared more young people with skills for life, supported by amazing leaders delivering an inspiring programme. The staged badge allows those to be involved in the journey for longer and the opportunity to monitor your own progress through all activities and stages.

Stage 1 - In Stage 1 you'll learn something new that can teach you something about yourself or the world around you.

Stage 2 - In Stage 2 you'll create a regular routine for yourself, and see how what you have learned can support your community.

Stage 3 - In Stage 3 you'll share what you've learned with someone else that can be used to help make the world a little better.

How to complete the stage can be found here - scouts.org.uk/staged-badges/the-great-indoors-badge/

Who can get involved?

Anyone over the age of six and for the first time in history, this badge allows everyone to take part, regardless of whether they're a Scout or not.

How do I get involved?

You can take part in one stage or all three of the stages, the choice is yours.

There are nine activities in each stage and three stages in total, so that's 27 activities you can get involved in.

On the Great Indoors Badge page there are suggest activities to complete through your stages, however you can choose your own activity by using the links below.

Remember to filter by your age group!

Practical skills - scouts.org.uk/activities/?type=Practical%20skills&setting=Indoors

Outdoor skills - scouts.org.uk/activities/?type=Outdoor%20skills&setting=Indoors

Physical activity - scouts.org.uk/activities/?type=Physical%20activity&setting=Indoors

Community engagement - scouts.org.uk/activities/?type=Community%20engagement&setting=Indoors

Social action - scouts.org.uk/activities/?type=Social%20action&setting=Indoors

International activities - scouts.org.uk/activities/?type=International%20activities&setting=Indoors

Creative skills - scouts.org.uk/activities/?type=Creative%20skills&setting=Indoors

Spiritual activities - scouts.org.uk/activities/?type=Spiritual%20activities&setting=Indoors

Nights away - scouts.org.uk/activities/tips-for-a-night-away/

Info for adults

An adult's role here is to support the young person's learning and idea development, and to help the young person see the wider context in which they're doing the activities, rather than showing them how to do the activities. Here are some tips to help that can be found here:

scouts.org.uk/the-great-indoors/the-great-indoors-badge/info-for-adults/



Challenging Times – Adapting the Programme

Young people can still work towards badges and awards while at home. Here's our guidance on making the rules more flexible. With this in mind I wanted to focus on Challenge and Activity Badges

Challenge Awards and Activity Badges

Young people can keep completing Activity and Staged Badges with some small tweaks to make them suitable for achieving at home.

Section Leaders are best placed to decide how to reasonably adapt the requirements or age limits of Activity Badges and Staged Activity Badges. You don't need to ask permission to do so.

On age limits, the Chief Scout's Awards may already be completed within the first term of moving into the next section. If further adaptation is needed, the time can be extended by up to a year.

On requirements, the Section Leader should consider:

- Most importantly, the quality of the experience for the individual. Adapting or removing a requirement might result in a learning experience that stretches and challenges one young person, but not another
- The volume or number of requirements you adapt. For instance, a few 'nights away at home' might be fine to finish off a Nights Away Staged Activity Badge, but reaching stage 16 by having 200 nights at home wouldn't be appropriate.
- The profile of the badge. You may be more relaxed about requirements for the first stage of a Staged Activity Badge, but less so for the final stage.
- Equality of access for young people. The implications of coronavirus will disadvantage young people in different ways. You should adapt requirements so that no young person is excluded. For example, some young people have gardens for 'nights away', some don't.
- For Nights Away requirements, bring everyone together and organise a specific 'night away, at home' event, so your whole section or group can take part. If you plan to do this, make sure you let your Group Scout Leader or Explorer Scout Leader know.
- Provide shared activities and tasks for everyone to take part in at the same time. You can find plenty of ideas on our activities pages.
- Connect young people digitally. Have a look at our safeguarding guidance for digital experiences and our advice on what platforms to use.

Ideas of which badges can be adapted while at home



Beavers Space Activity Badge - Take a moment to step outside and look up. It's fascinating to think about all that's out there.



Cubs Artist Activity Badge - Get Cubs to put on their creative hats! Even if they're stuck at home, their imaginations can still run wild.



Scouts Writer Activity Badge - Encourage Scouts to write a diary on being at home during the coronavirus crisis. Who knows? It might be a best-seller one day.



Explorers Creative Arts Activity Badge - Encourage your Explorers to do an online or video exhibition of their creative activity to the unit or even wider



A Million Hands

Removing Social barriers, connecting communities and improving lives

As Scouts, we're always striving to leave the world a little better than we found it. Participating in our A Million Hands programme is one way Scouts can take action and achieve their Community Impact Staged Activity Badge. It provides ready-made activities and programme ideas centred on six national themes, chosen by our young people themselves.

Each million hands project has 5 steps

The 5 steps of an A Million Hands project



Our young people told us they were passionate about taking action on the following themes: Protecting our environment, Ending homelessness, Supporting refugees and displaced children, Better mental health for all, Understanding disability and Kindness in every community

This month we will be looking at the theme of Protecting our Environment



Our natural world is under threat like never before. With a little help from our friends at WWF, we're fighting to protect it while there's still time – restoring thriving habitats, bringing species back from the brink, and tackling the root causes behind nature's decline, such as climate change.

There are a number of activities which can be done at each stage of the million hands project and here are just a few

Step 1 - Identify the need

Habitat hunt - Explore the effect of habitat loss in this fast-paced game.

Seek out nature - Get outdoors and find out more about the creatures living on your doorstep.

Tomato journey - Embark on the journey of the humble tomato and learn more about how far our food travels to get to our stomachs.

Fly your flag for the planet - Flag up issues and share your promise to help improve the natural environment in your local area.

Step 2 - Plan action

Nurture nature - Come up with ways to give something back to nature in return for all it gives us, by encouraging local biodiversity.

Build a sustainable future - Create a positive vision of your community in the year 2023, as we learn about how to make where we live sustainable.

Focus on nature - Take or make pictures that capture nature at its best, as we learn about connecting with the natural environment.

Colour-palette places - Capture the colours of the rainbow in local wildlife, as we examine nature in all its forms.

Step 3 - Take action

From grey to green - Encourage your community to grow their own herbs or wild flowers, provide wildlife-friendly spaces and spread happy messages.

Carbon conscious - Find out how lifestyle choices impact our planet and raise awareness in your local community.

Plastic is not fantastic - Plastic isn't fantastic! Work together to get your meeting place and local community to go single use plastic free.

Gift for the garden - Design and make some super seed packs to make your local community greener!

More detail on these activities can be found – scouts.org.uk/about-us/help-others/community/protecting-our-environment/

Spotlight on Partners



JAFFA

By partnering with Jaffa, Scouts want to generate knowledge and enthusiasm amongst our young people on the benefits of healthy eating, how fruit is grown, and where it comes from.

Jaffa's mission is to encourage young people to lead healthy and active lifestyles. By partnering with The Scouts, they hope to inspire young people, whether it be through providing badge activity resources to help leaders plan sessions, or handing out orange juice and easy peelers at events. To help fuel your active lifestyles, you can find juicy oranges and sweet easy peelers in Tesco stores across the UK.

Jaffa encompasses three core values: 'Happy, Healthy, Honest'. By partnering with both the Beaver Health and Fitness badge, and Cub Our Skills Challenge Award, Jaffa aims to reinforce healthy habits, giving young people a chance to develop to their fullest potential.

As well as sponsoring our Beaver Health and Fitness Activity Badge, and the Cub Our Skills Challenger Award, Jaffa will also provide you with:

- A range of resources to support the badge
- A Jaffa voucher

As our partner for the Beaver Health and Fitness Activity Badge, everyone between 6 – 8 years old can now enjoy learning about exercise, healthy eating, and promoting this to others.

By partnering the Cub Our Skills Challenge Award Resources, everyone between 8 – 10 ½ years old can learn to challenge themselves in learning new skills.

Download the resources and vouchers from scouts.org.uk/supporters/jaffa/

MANCHESTER UNITED FOUNDATION

The partnership with the Manchester United Foundation will support young people to develop leadership skills through planning and running their own football tournaments.

Manchester United Foundation are supporting young people to develop leadership skills through our exciting partnership on the Scouts Team Leader Challenge Award. Using Manchester United Foundation's knowledge, skills and experience of developing young people through football tournaments, we're creating exciting opportunities for everyone to get involved, whether they're football fanatics or not.

The activities will help young people identify leadership skills they have, and those they want to develop, and provide them with opportunities to learn through doing, and through supporting each other.

As our partner for the Scouts Team Leader Challenge Award, everyone aged between 10 ½ and 14 can develop their leadership skills, through supporting with leading their very own football tournament.

Keen to get stuck in? scouts.org.uk/supporters/manchester-united-foundation/

Stay at Home Challenge

Every week Manchester United Foundation is bringing you an activity worksheet, challenge and videos to keep your minds and bodies active and make sure you are having fun whilst we are all staying at home and staying safe.

Find out more and give them a go at www.mufoundation.org/Stay-at-Home-Challenges



NOMINET

Our partnership with the Nominet aims to equip our scouts with the inspiration, skills and knowledge to be

positive, active, citizens online and offline. By using digital means in a clever and savvy way, they will be encouraged to positively impact their surroundings, whether in their scout meeting place, their communities or in the world!

Nominet is supporting The Scouts to develop relevant skills and a good understanding of what it takes to be positively active online whilst being safe and responsible. In a world that is ever-changing, the boundary between the digital and the real world is increasingly fading, especially for young people.

This exciting and ambitious project started with an important reflection on what we mean by being a digital citizen and what skills and attitudes it involves.

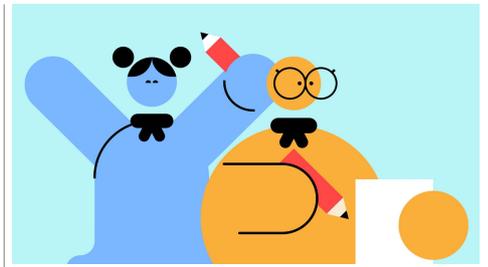
In partnership with Nominet we have carried out some research, conducted by Unthinkable, to gather insights from digital experts, scout volunteers and young people in scouting on what digital citizenship means.

The findings have highlighted the importance of having a programme that should touch on these different themes: Health and Wellbeing, Digital Life Skills, Critical Thinking, Positive Interaction and Social Action.

The Scouts now intend to work to create a programme and activities that are relevant and engaging for scouts groups in order to achieve the outcomes identified through this research. So watch this space!

Activities and support from Nominet for the Digital Citizen Badge can be found here: scouts.org.uk/supporters/nominet/





Help and Advice

As a Leader we all need someone who you can talk to and to ask for help and advice. As they say a problem shared is a problem halved. Please use me as that person to give you the support you need as a leaders and I am always happy to have an email conversation, phone call or video chat

Please contact me on:
dccprogramme@westsussexscouts.org.uk

Scouts for SDGs

Imagine 50 million Scouts working as active citizens to leave this world a little better than they found it. That's the power of our ground-breaking project: Scouts for the Sustainable Development Goals (SDGs).



What are the Sustainable Development Goals (SDGs)?

The United Nations (UN) is a member organisation made up of representatives from almost every country in the world (193, to be precise). Its aim is to maintain international peace and security by developing friendly relations among nations and achieving international cooperation.

The 2030 Agenda for Sustainable Development, adopted by all United Nations member states in 2015, is set of goals which we all must aim for if we want to ensure peace and prosperity for people and for the planet, now and into the future.

At its heart are the 17 Sustainable Development Goals (SDGs). These goals are an urgent call for action by all countries - developed and developing - in a global partnership.

They recognize that ending poverty and other deprivations must go hand-in-hand with strategies that improve health and education, reduce inequality, and spur economic growth – all while tackling climate change and working to preserve our oceans and forests.

What is the Scouts for SDGs project?

In November 2018 World Chief Ambassador Bear Grylls launched Scouts for SDGs at the United Nations. The largest youth contribution to the SDGs worldwide: it's an all-hands-on-deck commitment to mobilise the helping hands of 50 million Scouts from around the world to make a shared impact. Through the project, we're aiming to deliver two million local projects linked to the SDGs, and to provide an additional three billion hours of service for them by 2030.

That sounds great. What can I do to work towards this locally?

The principles and values of the SDG's are already at the heart of what we do at Scouts – linking in to the requirements for our Community Impact staged badge as well as to our A Million Hands themes.

That's why we want to spread the word about what these goals are and why they matter, so that all actions taken locally can be logged and shared, allowing us to see the impact we're having.

More info is available at: <https://sdgs.scout.org/take-action>



Keep up to Date with West Sussex Scouts

Make sure you are keeping up to date with the latest ideas and information while you are Scouting from home on our Social Media channels.

We also want to know what you are doing so make sure you tag West Sussex Scouts in your posts. We want to make a video to document this time so get posting and let us know what you have been up to and keeping Scouting going strong!

Facebook: /WSScouts Twitter: @WestSussexScout Instagram: wsscouts