

West Sussex

Programme Support

Welcome to #ThankTwo Day!



Every year on February 22, we take some time to commemorate the history of Scouts and thank the volunteers who make it possible. This February 22 – after what's frankly been a bit of a rubbish year – we want to double the amount of gratitude we show.

We're asking volunteers, young people and parents/careers to join us by celebrating #ThankTwo. It's easy to get involved – all we ask is that you show your gratitude and thank two people and/or groups of people. These people can be fellow members who've kept Scouting despite the setbacks, volunteers who've organised Scouts meetings, and/or heroes of your local community.

We're asking you to give your chosen heroes prime spot on your windows. We've created a couple of templates which you can download following the link below. Once you and your young people have decorated them, we want you to show off your designs and highlight the two people you want to thank by displaying the signs in your window. That way, everyone who walks pass will know who's gone above and beyond in your community.

Be as creative as you like – you don't need to use the templates if you don't want to, and you can draw, paint, write or use collage to make your sign – but most importantly, we want to see what you come up with! – Take a picture of the display in your window and share your thanks using the hashtag #ThankTwo. You can do this as a group activity, with a child over half term, or if you're feeling artistic or fancy a relaxing activity, could give it a go yourself.

Templates for the signs in the windows, Zoom Backgrounds and images for social media and There is also a Thank you video from UK Chief Commissioner Tim Kidd to share with your volunteers can be found by following this link:

<https://www.scouts.org.uk/thank-you/?fbclid=IwAR2yjqpAGfbXC9vUqzNgiV09n491Qmhj7h9I8Itl4o4bH9Zgu6jozMImHEY>

8 meaningful ways to thank your volunteers

1. Give your volunteers a punstastic pot of fresh herbs. Thank them for their thyme, for sharing their sage wisdom, and for be-leaving in Scouts.
2. Give your volunteer a lantern, a candle and a match. Attach a note to thank them for 'lighting up' the lives of young people.
3. Say it with S'mores. Put some marshmallows, chocolate and biscuits in a bag, tie with a bow, and attach a note that says 'We need more S'more volunteers like you!'
4. Ask young people to trace outlines of their hands on a piece of paper, thanking the volunteer for 'lending a hand'. The finished result can be hung in your meeting place as a visual reminder of why Scouts matters.
5. Gather a lollipop, jelly bean or chocolate button for every hour a volunteer has given to Scouts, and present it to them in a pretty thank you jar or bag. For a healthier option, gather a piece of fruit for every hour and present them in a basket.
6. Make a video with young people, allowing them to say thank you in their own words. Send it to volunteers in an email, or upload it to YouTube
7. If a volunteer has done something extraordinary, shout about it. Think about how you can demonstrate the impact they have, and contact local journalists to see if they'd be interested in running a story.
8. Tell them how much you appreciate their work, and really mean it. Make sure you tell volunteers that you appreciate all they do, and tell them regularly. Whether you say so in person, or give them a quick phone call, some simple words of encouragement can go a long way.

[westsussexscouts.org.uk](https://www.westsussexscouts.org.uk)

#SkillsForLife

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Express yourself

At the Beginning of the month it was Children's Mental Health Week and this year, the theme is 'express yourself'. The Scouts have gathered some of our favourite ideas to help young people explore and release their creativity in the ways that suit them best.

Here are some ideas for some online sessions with your units

Keep a gratitude diary

Keeping a gratitude diary and spending some time to think about what we appreciate day to day can be a helpful tool to have in our arsenal, especially on days when we're feeling stressed or a bit low. Find out more about the benefits of looking on the bright side and start your own gratitude diaries here: <https://www.scouts.org.uk/news/2020/april/one-good-thing-how-keeping-a-gratitude-diary-builds-resilience/>

A moment of calm

The ancient art of origami encourages a sense of calm and concentration (yes, really). Why not have a go at folding your own, with this special design inspired by a butterfly?

More details here: <https://www.scouts.org.uk/news/2020/may/a-moment-of-calm/>

Why play's good for grown ups

It may be Children's Mental Health Week but play is good for grown ups, too! When we're children, we all naturally know how to play but as adults, we forget. Rediscover how to play and learn about all of its benefits here:

<https://www.scouts.org.uk/news/2020/may/why-play-s-good-for-grown-ups-too/>

Release your creativity

As a society, we're slowly learning to let go of our perfectionism – as proven by lopsided lockdown loaves and collapsing crafts. Drawing, however, is often seen as something reserved for artists.

Find out more about the importance of art in reconnecting with ourselves, and give some of these quick prompts a go: <https://www.scouts.org.uk/news/2020/may/releasing-your-creativity/>

How to make a zine

Zines are short booklets that are self-published or produced by a small, independent publisher. They're creative and empowering to put together, and can give young (and older) people a fantastic way to express their ideas and emotions in an informal way.

Why not create one of your own? <https://www.scouts.org.uk/news/2020/july/how-and-why-to-make-your-own-zine/>

Reconnecting with nature

Young naturalist, activist and author, Dara McNulty, has found inspiration in the natural world, especially as a young person with autism. We know lots of our young people find the same comfort in being outdoors.

Here, the former Scout talks about the central role nature plays in life – a great read if you're planning to do some outdoor exploring with your little ones at the weekend.

<https://www.scouts.org.uk/news/2020/march/interview-with-a-young-naturalist/>

Virtual Youth Shaped Programme Activity

You shape Stop-Motion Animation

Resources:

Phone or Tablet

Stop-motion animation app

Clay, Lego, Action figures or toys ,

Optional... Tri-pod or phone stand, blutac, fishing wire, string, whiteboard and pens

Task:

Create a short stop motion animation of your best scouting memory and/or something you would really like to try in Beavers, Cubs, Scouts or Explorers

A good stop motion example:

<https://youtu.be/8FAt7ze-QLQ>

<https://youtu.be/Xlp-rL7OG0Q>

tutorial video:

<https://youtu.be/JOeMZFKGxOA>

Instructions:

Step 1 – Download and install a stop motion application on your chosen device some options include (Stop Motion Studio, The Lego Movie 2 Movie Maker & Stop Motion Cartoon Maker) I would recommend the Lego Movie 2 Movie maker for anyone new to stop motion as it's the simplest to use however they all pretty much work the same

Step 2 – Set your scene, this can be anything using any and all resources you have available however the best stop motion animations are normally on a smaller scale around Lego minifigure size

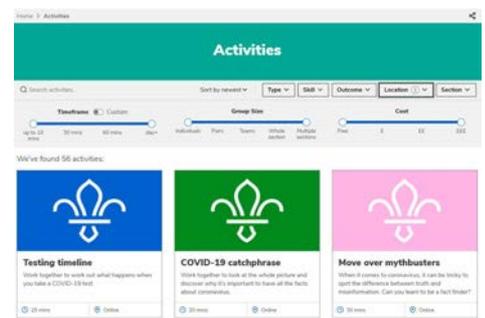
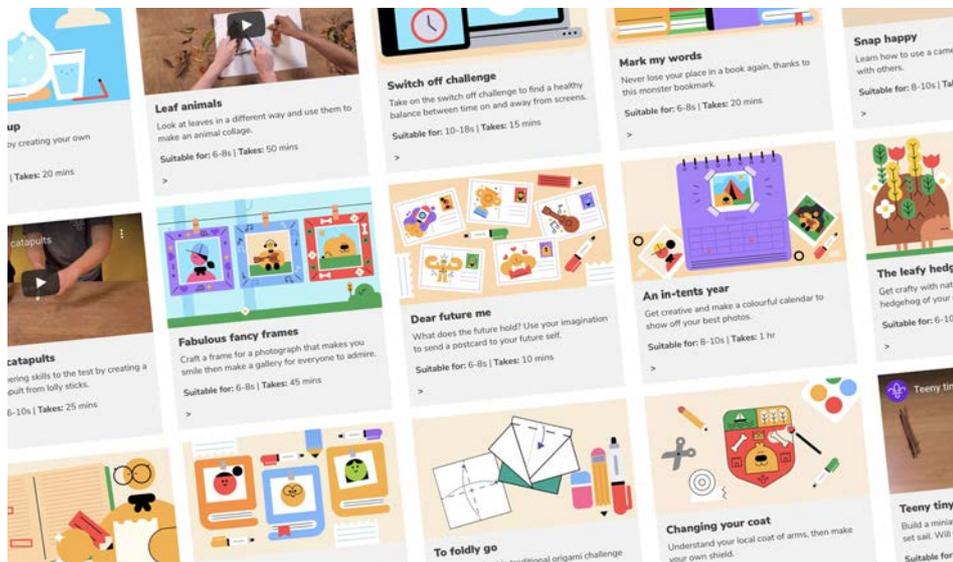
Step 3 – Begin "Filming" stop motion animation is comprised of many individual pictures with slight changes between them some apps allow you to take the pictures while in the application and some require you to take all of your pictures first. remember the more images you use the better the animation

Step 4 - Adding effects. add effects, sounds and music as well as visual effects and filters, this can add to your video to make it more interesting

Step 5 – Exporting the video, download the final video you can now share this with your leaders and showcase in front of your group

If you've tried this or something else to keep your programme Youth-Shaped, we want to hear from you! Email us at cyc@westsussexscouts.org.uk.

West Sussex Youth Commissioner Team



Programme support and what's coming soon

At The beginning of the month, Wendy Human, UK Commissioner for Programme wrote on The Scouts website some of the things the Programme team at HQ have been working on and here is what she had to say

The new year is well and truly underway. I'm starting to get used to the current world, but it's still tough. I know that volunteers across the UK are working hard to keep Scouts going – thank you for all you're doing.

We've heard recently that there's just not enough out there for Explorer Scout Section Leaders and that it's especially challenging to find lockdown-friendly programme content for Explorers. If you've found something that works well, please would you let us know? We'd love to share your ideas on a wider scale so more people can benefit.

What we've been working on

Over the past few weeks, we've developed some new badge pages, full of hints, tips, and suggested activities to help young people earn badges during this lockdown. There are ideas for Zoom meetings, as well as suggested activities (and a template email for parents and carers) so that not everything you do has to be through a screen. We've already covered the Beavers Health and Fitness Activity Badge, Cubs Astronomer Activity Badge, Scouts Naturalist Activity Badge, and Digital Maker Staged Activity Badge. Let us know what you think by clicking on the feedback button on each page.

Work has also begun on the programme for the new early years section. We've sent the structure to senior volunteers for approval, so stay tuned to find out more about the badges and awards the youngest members of our movement will be working hard to earn (and wear with pride).

Joining a new section is an exciting time, but you've told us that it can be a tricky one too, especially when we're all meeting online. You've also told us that saying goodbye when young people move on doesn't feel quite the same through a screen. That's why we've put together some guidance for Investitures and moving on ceremonies, whether you're in Beavers, Cubs, Scouts, or Explorers. As always, we'd love to know what's working for you – you can let us know with our new survey.

There's no escaping the fact that lockdown is tough on young people. Despite this, Scouts told us that they want to keep taking action to help others and make the world a better place, starting with mental health. Over the past few weeks, we've updated the resources for Wellbeing Champions. Why not get involved and send it out to young people so they can make a difference as they earn their Community Impact Staged Activity Badge and The Great Indoors Badge?

And of course, we haven't forgotten to update the activity finder. We focussed on adding content that works online for Scouts and Explorers (and ambitious Cub leaders) with Two truths, one lie and Scattergories.

Finally, you asked us to tell you more about the flexibility around badge requirements and timeframes in light of the pandemic. The team are on it – and we'll have more for you soon.

What's coming soon

We're working away to add to over 1,200 activities already on the activity finder, designing something for everyone to deliver online with content for important events like Thank You Day.

If you're one of the organised ones, St George's Day may already be on your horizon. If you choose to celebrate, it's up to you what you do – just make sure it includes everyone. We're working on some resources to help you mark the day too.

We're also making more science-themed activity bundles that bring together activities around specific themes to make it easier for young people to earn badges through their online sessions. We'd love your feedback on the pages we've already made for Beavers, Cubs, Scouts, and a Staged Activity Badge so we know what else we can do to help young people earn the badges that lead to their top awards.

Video calls are a wonderful way of staying connected, but they can be exhausting too. We're working on resources that leaders can send directly to young people, including a new batch of Press-play-and-go videos.

We're also working with the volunteers behind 1st Digital Scout Group and the Scout Content Scout Active Support Unit to host their content on a national level. It's an exciting time for working together, as we're also thinking about how we make it easier for great grassroots content to be shared nationally.

Finally, we're thinking ahead to identify the sorts of activities we'll need when Scouts can return to (socially distanced) face-to-face meetings.

We want to hear from you

Ultimately, we're doing all this to make it easier for you. If you've got any ideas about anything I've mentioned in this blog (or about the programme in general) please do get in touch through the info centre.

For more information and details from the article go to: www.scouts.org.uk/news/2021/february/programme-support-and-what-s-coming-soon/



Cookies with character

This Month we welcome to LGBT+ History Month! We're proud to welcome everyone, regardless of gender identity or sexuality. This activity will encourage your young people to get creative and decorate your own happy cookie characters! Try designing cookies which relate to LGBT+ History month by adding pride flags, affirming messages, or even a colourful rainbow

Theme this activity for LGBT+ History Month

- Get creative and design cookies for Pride or LGBT+ History Month – don't forget to keep our values (integrity, respect, care, belief, and cooperation) in mind. While you're decorating, discuss the meaning of the events and why they're important.
- Not sure where to begin? You could create pride flags (here are 13 of the most common ones) or ice affirming messages like 'love is love' or 'LGBT+ rights are human rights'. If you're feeling up to a challenge, why not try two interlinked hands or an LGBT+ role model?
- Keen cooks could also try baking something special to ice – they could think about shaped biscuits or attempt a colourful rainbow cake.
- Find more inspiration (and get your tummy rumbling) by looking at other people's delicious designs on Pinterest.

You will need

- Scrap paper
- Pens or pencils
- Food colouring
- Spoons
- Mixing bowls
- Biscuits
- Icing sugar
- Decorations

Before you begin

- It's up to you whether you use biscuits or something else such as rice cakes.
- Make up a few bowls of icing using icing sugar and water. Add food colouring to some so people have a few colour options.
- Put the decorations into bowls. It's up to you what you use – small sweets and small fruit such as blueberries and raisins work well.

Happy thoughts

1. The person leading the activity should give everyone a piece of scrap paper, and a pen or pencil.
2. Everyone should draw a circle to be their biscuit.
3. Everyone should draw a design onto their biscuit. They should design something that makes them happy, or how they look when they're happy. This could be a big smiley face, or something such as their favourite flower, their dog, their friends, or a sport. It's best to keep the designs simple as people will have to

make them with icing, sweets, and fruit.

4. Everyone should look at the colours of icing and the decorations that are available.
5. Everyone should think about how they'll use the icing and decorations on the table to create their design. Do they need to make anything a bit simpler?
6. Everyone should wash their hands and get ready to decorate.

Decorate biscuits

1. The person leading the activity should give everyone a biscuit.
2. Everyone should copy their designs as they decorate their biscuits with the icing, sweets, and fruit. They should start by spreading a thin layer of icing over their biscuit using the back of a spoon.
3. Once everyone's finished decorating their biscuit, they should come together to admire each other's creations and show each other what makes them happy. Now's a great time to reflect, too.
4. Everyone should enjoy their treat or take it home for later.

Reflection

This activity needed everyone to use their skills to plan ahead to design their biscuit, then decorate it based on what was available. How close were people's biscuits to their original designs? Did anyone find any parts of this activity tricky? Some people may have found it tricky to spread the icing evenly over their biscuits – it can be hard to get it even, especially if you start with too much or too little icing. This activity was also a chance for everyone to think about the things that make them happy. Everyone should look at all of the biscuits, and take it in turns to call out the things they recreated on their biscuit. While they eat their biscuit, everyone can think of the things that make them happy.

Safety - Food

Check for allergies before you begin. Make sure you have suitable areas for storing and preparing food and avoid cross contamination of different foods.

Change the Level of Challenge

Why not swap designs with someone else so everyone decorates a biscuit based on someone else's design? Alternatively, people could create one design in a small group and work together to create identically designed biscuits.



How volunteers are keeping Scouts going online

Scouts is at Red readiness level in the majority of the UK, so most of us can't do any face-to-face activity at the moment.

We know that delivering the programme online and keeping young people engaged can be hard work, so The Scouts asked volunteers for their innovative hints and tips. So here are some of their favourites and hope these will inspire you to stick at it.

1. Get special online guests – like vets (or even a Roman soldier!)

'We Zoom for an hour with our Beavers once a fortnight and set a video challenge in between. We deliver activity packs every two or three months and they unwrap the contents when we tell them to. The meetings include physical games, crafts, puzzles, challenges, badge work, and much the same Scouts content as before, but online. We've done raft and den building, cooking, magic, Lego building and much more – plus we've had visits from vets and a Roman soldier! We've even had celebrities set us video challenges.

'Our Young Leaders have been great at running games and leading activities online. It keeps them involved and counts for their DofE work. Leaders enjoy it – and there's no clearing up! The Beavers love it all too (we've had 95% attendance and even increased membership).

'The resources on 1st Virtual Scout Group on Facebook and the Scout website have been invaluable.'

Dave, Assistant Beaver Scout Leader from Windsor

2. Make time to listen and bring all ages together

'At Merseyside Scouts, we have many sections who have been delivering Scouts online (often weekly) since March. They're realising the benefits of including regular Log Chews and listening times in their programmes, maybe incorporating a snack time too, so that leaders and youth members can exchange comments and thoughts about how they're coping with the lockdowns. It may be a Merseyside thing, but finishing with silly jokes and games is a must – and we have an army of badge fairies safely delivering badges to keep the enthusiasm going.

'Merseyside Scouts have made resources for Scouts at home and online: CRE8 and #TY2TT plus over 60 Beaver Scouts Pinterest boards including mental health and wellbeing and online help. Gathering all ages together is also important at this time and A Night At The Museum Online #NATMOnline weekend event takes place this month to bring the Scouts family together safely.'

Jane, Assistant County Commissioner from Merseyside

3. Let young people take the lead

'It's incredible to see both Young Leaders and Scouts come forward with their ideas and run programmes by themselves, with only a little help and preparation from adult volunteers.

'Things like scavenger hunts have been turned into riddle quests, and with access to

technology at home, Scouts no longer depend on leaders creating quizzes each week, instead choosing to go to space or a trip to the city via online maps. Young Leaders have benefited from attending programme planning sessions too, so that they have complete control over the meetings they host, which is perfect for their development and keeping their commitment and motivation levels up.'

James, Scout Leader from Romford

4. Explore digital support from your District

'City of Newcastle District launched a virtual platform offering online sessions and workshops by external speakers, instructors, and leaders that are available for everyone.

'Parents log in, browse, and book various digital sessions that their child can take part in while meeting others, having fun, learning new things and earning badges.

'So far there have been over 60 sessions (with 1,200 bookings) including pantomimes, beatboxing, illustration, drama, dancing, science, yoga, poetry, astronomy, forensics, murder mystery, and more.'

Tony, District Commissioner from Newcastle

5. Things that work best are what you can't do in your meeting place

'Often, the things that work best on Zoom are things we couldn't or wouldn't have done in our meeting place, such as a linking up with a group in New Zealand and a virtual visit to an astronomy centre on the other side of the world. Our Troop of Scouts would never have gone around the US Air Force museum with a guide, but the internet allows that to happen.

'We can keep to a standard format as we do in regular meetings: welcome, game, chat, activity, game, game, closing. This keeps continuity and makes planning easy. Just go to 1st Virtual Scout Group to fill in the blanks. By keeping some of the regular parts of meetings going, even if it's using a PowerPoint for the flag break, we've helped bring some continuity to those who find themselves cast adrift in these strange times.'

The 1st Virtual Scout Group admins: Andy S, Andy B, Carolyn, Stuart, Dave W, Dave J and Tony

For more ideas from volunteers, visit: <https://www.scouts.org.uk/news/2021/january/how-volunteers-are-keeping-scouts-going-online/>



Tried and Tested

As we continue to scout online, we have asked leaders from around the County to send us some Programme ideas which they have tried during virtual meetings. Here are a few which have been sent to us by Andy Cooper, ADC Cubs in Worthing

Wellbeing Boxes

What you will need:

- Small box, something the size of a shoe box
- Wrapping Paper or fabric to cover the box
- Paper cut into bank card sized pieces
- Pens
- Picture
- Glue
- Cellotape
- Anything else small that either is a happy item or a reminder of a happy time
- Small sweet treat can go in too.

What you need to do:

1. Cover the box – wrapping paper works well, but scraps of fabric or unwanted posters look great cover the lid separately, so it can still open and close.
2. Decorate your box. Be creative – what makes you feel happy, safe, or calm.
3. Write or draw positive messages on pieces of paper and pop them into the box.
4. Fill your box with anything else

Tin Can Lantern

What you will need:

- Empty Tin Can
- Hammer
- Nail
- Template

What you need to do:

1. Thoroughly clean can and remove label
2. Fill with Water
3. Place in freezer until solid ice block
4. Tape stencil to outside of can
5. Careful hammer nail into can through the stencil
6. Defrost ice and leave to dry in a warm place
7. Put tea light inside to shine through.

Making Rope

What you will need: (only require 1 of the following)

- Strawberry laces or cheese strings
- Paracord
- String
- Wool

What you need to do:

1. Tie 2 or 3 strands together at one end
2. Twist 1 strand anticlockwise whilst passing it over the other strands clockwise.

3. Repeat for strands 2 and three so that each passing

4. Video link -

https://youtu.be/_IMf6ybgelg

Catapult Spoons

What you will need:

- Lolly sticks (they also come in cool colors)
- Plastic Spoons
- Rubber bands
- Foil / mini marshmallows (makes great ammo)

What you need to do:

1. Take 5 sticks and stack them, securing one end with a rubber band. You'll need to wrap the rubber band around several times to make it nice and secure.
2. Slide one more stick between the bottom stick and the rest of the stack.
3. Secure the other end with a rubber band.
4. Place the spoon on top, and attach the end of the spoon to the end of the single stick with the last rubber band.

Make a simple Helicopter

What you will need:

- A4 Sheet of Paper
- Scissors
- Paper Clips

What you need to do:

1. Take a piece of paper and make three cuts as shown in the illustration. Then fold the paper in on itself at the bottom half – use a paperclip to keep the sides together.
2. Fold the two halves of the remaining paper away from each other, to form the helicopter blades.
3. Stand carefully on a chair and drop your helicopter, making sure it stays upright as you let go!

International Personal Challenge

What you will need:

- A Chosen Country

What you need to do:

1. Work out which country based by their flag
2. Learn to say at least 'Hello & Thank you' in their language
3. Show and teach it to someone else, family, colony, pack, troop etc
4. If parents allow we'd like to record it and share with a group from that country.

New Vacancy:

Deputy County Youth Commissioner (Events & Governance)

Spotlight on a New County Role

This time we are taking a closer look at the the New role of Deputy County Youth Commissioner for Events and Governance.

The County Youth Commissioner Team is looking to expand their team and find an enthusiastic person aged 18-25 to become our Deputy County Youth Commissioner (Events & Governance). Could it be you?

The role is to ensure that young people between 6-25 years old are involved and engaged in every decision that shapes their Scouting experience locally and to empower young people to share their ideas and have a meaningful voice in planning, implementing, and reviewing their programme and opportunities. This appointment is specifically to support Youth-Shaped governance in the County and to support and run Youth Shaped events at District and County level respectively.

Involving young people in decision making is essential for our governance structures to stay informed and responsive to the fast-paced changes facing young people in the 21st Century. By encouraging a mixture of experiences and ages on our executive committees and District/County teams, we are more likely to encourage healthy debate and make better decisions which are relevant to the lives of young people in today's society. The more young people are involved in shaping their Scouting experiences the more they will get out of it, and the more likely they are to stay, do well and achieve their top awards.

Within this role you will be promoting and supporting young people on Executive Committees and becoming Charity Trustees, to make sure the voice of the young people is heard where it matters to help transform the Districts and County to work in partnership with young people. You will visit District events to talk and inspire young people about Youth-Shaped governance in Scouting and what is happening within the County. The role is vital to promote youth led scouting and to encourage young people on sub-committees and Appointments Advisory Committees both at County and District level.

You will be pivotal in set up and manage the County Youth Forum as the County Youth Forum Lead to allow the young people of the County to have a voice and shape the Events and Direction of Scouting in West Sussex.

This role will have a hands on role with supporting the District Commissioners through the appointments process of District Youth Commissioners and be there to support District Youth Commissioners to plan events in their Districts.

Within this role you will need to be a self-motivator and have the ability to motivate others positively and have the ability to lead and participate actively in teams to work and engage with a broad range of both young people and adult volunteers.

Taking on this role will give you new employability skills, Management experience and Strategic thinking while being a key volunteer for a national not-for-profit organisation help build your confidence and ability to take on a bigger scouting role

Interested? Read more about the vacancy here:

<https://westsussexscouts.org.uk/vacancies/deputy-county-youth-commissioner-events-governance/>

or, email cyc@westsussexscouts.org.uk to ask any questions and apply!

County volunteer vacancies

West Sussex Scouts have a number of volunteer vacancies and are looking for enthusiastic people to take on a new challenges

There are vacancies in Programme Support, Events, Diversity and Inclusion, Youth Shaped Scouting and Adult Support

If you are interested in a new challenge then have a look at our vacancies by following this link

<https://westsussexscouts.org.uk/adult-volunteering/vacancies/>

Support to help you keep Scouts going online

For those of you who'd like a little inspiration to keep Scouts going online, we've pulled together this list of resources.

How to use Zoom for your volunteer meetings - This webinar from our friends Barclays' Digital Eagles will teach you how to use all of the shiny, exciting functions on Zoom.

scouts.org.uk/news/2020/august/how-to-use-zoom-for-your-volunteer-meetings/

Want to know more about running virtual meetings and how to keep people engaged? Watch this webinar from Barclay's Digital Eagles here:

scouts.org.uk/news/2020/july/how-to-run-virtual-meetings/

Activity ideas for Scouts and Explorers - Hear it direct from the experts. Scout and Explorer leaders tell us about activities that have worked well online.

scouts.org.uk/news/2020/july/programme-support-for-scouts-and-explorers-webinar-14-july-2020/

Activity ideas for Beavers and Cubs - Find out how Beaver and Cub leaders made it work. Hear more about the specific activities they ran for their sections during lockdown and their top tips for adapting activities for Zoom.

scouts.org.uk/news/2020/july/programme-support-for-beavers-and-cubs-webinar-1-july-2020/

How to deliver Scouts online -

Learn from the people who played their part. Find out how volunteers delivered an online programme in the last lockdown, including the activities they ran and technical top tips.

scouts.org.uk/news/2020/july/how-to-deliver-scouts-online-27-may-2020/



Sources of Virtual Scouting Ideas

Below are a few ideas for extra ideas to help with adapting your programme while virtually scouting

The Great Indoors' campaign gives you activities that can all be done at home – scouts.org.uk/the-great-indoors/

There are hundreds of activities on the scouts activities pages that could be adapted for delivery online or at home – scouts.org.uk/activities/

Programme planning section of the Scouts website scouts.org.uk/volunteers/planning-your-programme/

Online programme planning tool – scouts.org.uk/programme-planner/plan

For more information about adapting the programme and guidance on Nights Away, Young leader's scheme, challenge awards and activity badges scouts.org.uk/volunteers/scouts-at-home/activities-and-badges-to-do-at-home/adapting-the-programme-during-coronavirus-crisis/

Gilwell Reunion 2020 - There are over 40 videos from Reunion 2020 in our showcase on Vimeo. <https://vimeo.com/showcase/7489266>

Wintercamp 2021 – Loads of activities from Wintercamp are still available online <https://wintercamp.org.uk/>

Virtual programme support webinars - Support to help you carry on with Scouts at home <https://www.scouts.org.uk/volunteers/scouts-at-home/programme-support-webinars/>

Amazing ways volunteers delivered Scouts at home - We've been here before, and many of you thought on your feet to make it work. Remind yourself of the creative ideas that volunteers came up with during the last lockdown and let them inspire your online programme over the next few weeks.

scouts.org.uk/news/2020/june/three-amazing-things-you-re-doing-during-lockdown/
scouts.org.uk/news/2020/june/three-more-amazing-things-you-re-doing-during-lockdown/
scouts.org.uk/news/2020/june/another-three-amazing-things-you-re-doing-during-lockdown/

COVID-19 safe programme ideas - scouts.org.uk/volunteers/scouts-at-home/covid-19-safe-programme-ideas/

Race Round the World activities - scouts.org.uk/about-us/support-scouts/race-round-the-world/race-round-the-world-programme-sessions/

External resources to help - There are loads of ideas for online activities and plenty of support from other leaders. We're loving these Facebook groups right now:

1st Virtual Scout Group - www.facebook.com/groups/208981546868424/

1st Facebook Scout group - www.facebook.com/groups/2450689742

Scouts – UK Leaders Facebook Group - www.facebook.com/groups/scoutsleadersuk

#ScoutingAtHome With Scoutadelic has over 700 videos and a section just for At Home and also for those face to facing. So plenty of ideas and resources.

<https://www.youtube.com/Scoutadelic>



Help and Advice

As a Leader we all need someone who you can talk to and to ask for help and advice. As they say a problem shared is a problem halved. Please use me as that person to give you the support you need as a leaders and I am always happy to have an email conversation, phone call or video chat

Please contact the county Teams on the emails below:

Programme Support – Matthew Pike - dccprogramme@westsussexscouts.org.uk

Diversity and Inclusion – Suzanne Few – dccdiversity@westsussexscouts.org.uk

Youth Shaped Scouting – Connor Holmes - cyc@westsussexscouts.org.uk.



Keep up to Date with West Sussex Scouts

Make sure you are keeping up to date with the latest ideas and information while you are Scouting from home on our Social Media channels.

We also want to know what you are doing so make sure you tag West Sussex Scouts in your posts. We want to make a video to document this time so get posting and let us know what you have been up to and keeping Scouting going strong!

Facebook: /WSScouts Twitter: @WestSussexScout Instagram: wsscouts